

Diocese of Shreveport School Wellness Policy Assessment Tool Results August 2022

The following results were compiled from sixteen respondents representing Teachers, Administrators, Parents, and Students in four of five elementary schools.

	Fully in Place	Partially in Place	Not in Place
<i>Nutrition Education and Promotion</i>			
1. Sequential Health & Nutrition Education curricula consistent with Louisiana State standards taught in all grades	48%	35%	17%
2. Lessons promote active lifestyle	65%	36%	
3. Lessons promote healthy food choices	61%	38%	
4. Lessons emphasize balance between food intake and Physical activity	62%	27%	11%
5. The school utilizes the Pennington Biomedical Healthy Snack List for in-school activities, food sold during the school day, and classroom sponsored events	67%		33%
6. The school has a student-grown school garden	86%	7%	7%
<i>School-based Activities Designed to Promote Student Wellness</i>			
1. Provides adequate time for students to eat breakfast (OLF, PFCA, & MBA Only)	100%		
2. Provides adequate time for students to eat lunch	100%		
3. Access to free drinking water	100%		
4. Access to handwashing before meals and snacks	100%		
5. Prohibits using food as reward or punishment	100%		
<i>Physical Activity</i>			
1. Provides adequate recess or outdoor activity playtime	75%	18%	7 %
2. Provides adequate physical activity with age appropriate facilities and/or equipment	93%		7%
3. Prohibits using physical activity for punishment	93%		7%
<i>Facility & Environment</i>			
1. Cafeteria has adequate seating	93%		7%
2. Students are allowed to converse during meal time	93%		7%
3. Cafeteria has adequate adult supervision	93%		7%
4. Students participate in taste test and/or surveys on school meals	53%	27%	20%
<i>School Overall Wellness</i>			
1. Staff wellness is encouraged and modeled	62%	23%	15%
2. Parent programs with wellness topics/activities are highlighted	57%	21%	22%
3. School utilizes the District Wellness Policy with a local school committee to plan, implement, and improve nutrition and physical activity in the school environment in accordance with the District Wellness Policy	62%	7%	30%