



Flowers Bakeries

Flowers 30ct 4" Hamburger Buns

Nutrition Facts

Serving Size 1 Bun (56g/2.0oz)
Servings Per Container 30

Amount Per Serving

Calories 160 Calories from Fat 15

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 330mg 14%

Total Carbohydrate 33g 11%

Dietary Fiber 1g 4%

Sugars 5g

Protein 5g

Vitamin A 0% • Vitamin C 0%

Calcium 10% • Iron 10%

Thiamin 20% • Riboflavin 10%

Niacin 10% • Folic Acid 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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Material Number: 10026700 & 10026720

Ounce Equivalent Grain: N/A

Whole Grain Rich: NO

Pack Size: 30 Count

Ingredients: Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Contains 2% or Less of Each of the Following: Wheat Gluten, Salt, Vegetable Oil (Soybean Oil or Canola Oil), Dough Conditioners (Contains One or More of the Following: Sodium Stearoyl Lactylate, Calcium Stearoyl Lactylate, Monoglycerides and/or Diglycerides, Calcium Peroxide, Calcium Iodate, Datem, Ethoxylated Mono- and Diglycerides, Enzymes), Soy Flour, Calcium Sulfate, Ammonium Sulfate, Ascorbic Acid, Monocalcium Phosphate, Calcium Carbonate, Sorbic Acid, Soy Lecithin, Calcium Propionate (to Retard Spoilage).

NOTE: If Seeded, Sesame Seeds Added.

NOTE: If Yellow, Contains Turmeric, Paprika and Corn Flour.

Allergens: Contains Wheat and Soy Ingredients.





Formula Statement for Documenting Grains in School Meals

Required Beginning SY 2013-2014
(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: FLOWERS 30 4" PL IND HAMS Code No.: 10026700

Manufacturer: FLOWERS FOODS Serving Size 1 Bun (56 g/ 2.0 oz)
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes _____ No X
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non- creditable grains: Yes X No _____ How many grams: 0.08
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: B

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion ¹	Gram Standard of Creditable Grain per oz equivalent ²	Creditable Amount
	A	B	A ÷ B
WHOLE GRAIN	0.00	16	↓
ENRICHED GRAIN	34.58	16	
			↓
			2.16
Total Creditable Amount³			2.00

*Creditable grains are whole-grain meal/flour and enriched meal/flour.

¹ (Serving size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams.

² Standard grams of creditable grains from the corresponding Group in Exhibit A.

³ Total Creditable Amount must be rounded *down* to the nearest quarter (0.25) oz eq. Do *not* round up.

Total weight (per portion) of product as purchased 56 grams
 Total contribution of product (per portion) 2.00 oz eq of creditable grains ****
 Note: **** This is not a whole grain-rich product

****GRAIN CONTENT DOES NOT MEET USDA CRITERIA FOR THE NATIONAL SCHOOL MEAL PROGRAMS****

Tracy Osgatharp
Signature

QA Labeling Analyst
Title

Tracy Osgatharp
Printed Name

04/29/19
Date

229 227-2015
Phone Number